

A day in the life of a **MUSLIM CHILD**

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Assalaamu'Alaykum!



My name is Ukasha and I am your brother in Islam. I am eight years old. I live with my parents, brothers Abdul Ghaffar, Talhah, Abdullah and sister Omama. Alhamdulillah (All thanks and praises are for Allah) I was born in a Muslim family.

My best friend is Osama. My parents, brothers, sister and neighbours like me very much and I love them too.

I go to bed early so that I can get up early, in time for the Fajr (dawn) prayer. It is a Sunnah (tradition) of Prophet Muhammad (Peace and Blessings of Allah be upon him) to sleep early after 'Isha (night) prayer. My mother wakes me up for the Fajr prayer. When I wake up, I say my morning supplication:

اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاَنَا
بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ.

Alhamdu lillaahil ladhi ahyana ba'da ma amaatana wa ilaihi nnushoor.

"All thanks and praises are for Allah who brought us to life after having given us death, and to Him we shall have to return".



After this, I tidy my bed. I take my Siwaak (a toothbrush made from the root of the Araak tree) and go to the washroom. When I enter the washroom, I make sure to put my left foot in first and say the supplication:

بِسْمِ اللَّهِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

Allaahumma inni a'oodhu bika minal khubthi wal khabaaith.

“O Allah! I seek refuge with You from bad and evil things”.



After relieving myself, I wash my private parts thoroughly with the left hand because cleanliness is very important in Islam. I wash my hands with soap and water and then I go out of the washroom. I put my right foot out first and say the following supplication:

غفرانك
الحمد لله الذي أذهب عني الأذى وعافاني

Ghufraanaka. Alhamdu lillaahil ladhi adh-hab aanniladha wa'afani.

I ask for Your forgiveness. All thanks and praises are for Allah Who removed harmful things from me and gave me relief.

First, I clean my teeth with Siwaak because it is very good for the teeth and I remember the benefits of using the Siwaak:



I am obeying Allah and His Prophet (Peace and Blessings of Allah be upon him) by using it.

It keeps the mouth clean as Allah's Messenger (Peace and Blessings of Allah be upon him) said:

السَّوَاكُ مَطْهَرَةٌ لِلْفَمِ مَرْضَاءٌ لِلرَّبِّ

Miswaak is an instrument for cleaning the mouth and seeking the pleasure of The Lord (Allah).

It cleanses the stomach.

It keeps the voice clear.

It prevents indigestion.

It makes us active and alert while offering prayers and reciting the Quran and supplications.

It kills the germs in the mouth. The Prophet (Peace and Blessings of Allah be upon him) used to place the Siwaak near him while going to bed and on waking up he used to start his Wudhu with Siwaak.



We have a backyard and a courtyard in our house. I prefer to perform Wudhu (ablution) in the courtyard. After Wudhu, I make the intention in my heart to attain Tahaarah (purity) for offering prayer. Then I say aloud:

بِسْمِ اللَّهِ

Bismillaah

(In the Name of Allah)

I start Wudhu from the right side, as the Messenger of Allah (Peace and Blessings of Allah be upon him) loved to start every act from the right side - especially wearing shoes, combing the hair and making Wudhu.

This is how I perform Wudhu:

I wash my hands three times.

I rinse my mouth three times with the right hand.

Then I rinse my nose three times with the left hand.

I wash my face three times. Then I wash my forearms up to the elbows three times.

After this, I wipe my head with water once.

I insert my index fingers in my ears, then wipe the back of my ears with my thumb and the front of my ears with the index fingers.

In the end, I wash my feet and rub the toes with my fingers to make sure that water reaches between them.

All the while, I make sure not to waste any water. The Prophet (Peace and Blessings of Allah be upon him) said that even if one is standing on the banks of a river, we must not waste any water. After completing the Wudhu, I say:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu allailaaha illallaah wa ash-hadu anna Muhammadan abduhu wa rasooluhu.

"I bear witness that there is no deity worthy of worship but Allah and I bear witness that Muhammad r is His Slave and His Messenger".

I go for Fajr prayer with my father. I pick up my shoes from the shoe rack at the entrance of my house. I shake them, in case any insects may have gone in at night. I always put on my right shoe first and then the left.



When we leave the house we supplicate:

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ
لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillaahi tawakkaltu ‘alallaah wa la hawla wa la quwwata illah billaah.

"In the Name of Allah. I put my trust in Allah and there is no strength and no power except with Allah".

We see many people from our neighbourhood going to the Masjid as well. We say

السَّلَامُ عَلَيْكُمْ

Assalaamu ‘Alaykum

(Peace be upon you),

And they reply:

وَعَلَيْكُمْ السَّلَامُ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Wa alaykumus salam wa rahmatullaahi wa barakaatuhu

(Peace, mercy and blessings of Allah be upon you)



When people are late for the prayer, some of them run towards the Masjid. However, we should not do so because Allah's Messenger (Peace and Blessings of Allah be upon him) has said:

إِذَا سَمِعْتُمُ الْإِقَامَةَ فَاْمَشُوا إِلَى الصَّلَاةِ وَعَلَيْكُمْ
بِالسَّكِينَةِ وَالْوَقَارِ وَلَا تُسْرِعُوا فَمَا أَذْرَكْتُمْ فَصَلُّوا وَمَا
فَاتَكُمْ فَأَتِمُّوا